

Ex-Pussycat Doll Kimberly Wyatt chats to Bella about Got To Dance



ky 1's hit talent show Got To Dance is back on our screens this week for a fifth run - with the original judging line-up. Actor and dancer Adam Garcia, 41, is returning to the panel alongside Kimberly Wyatt and Ashley Banjo, 25, with Davina McCall, 46, presenting. But in a new twist, the judges will compete to land six acts each and mentor

We caught up with former Pussycat Doll Kimberly, 32, to talk dancing with Davina and life with her model husband Max Rogers...

them throughout the series.

series of Got To Dance...

I'm very excited. There's been some fun changes and this time we're going to be mentoring our own acts, which is great.

You have to pitch against Adam and Ashley to convince the contestants to join your team. How do you find that?

Horrendous - I didn't go into sales for a reason! I'm a performer, I love to dance, so pitching is not a part of me. I just do my best to state the facts and let people know I believe in them.

Are the boys better at pitching?

I can hold my ground, but there's a lovely little thing called banter you have here in the UK that I

So when it comes to fighting for

my acts, all I've got is my honesty and experience and belief in them - but I kind of fall flat when it comes to banter.

What's it like having Adam back?

Amazing! I love him to bits and he brings something very special to the panel. He's a good friend and he really makes me laugh. I love that he has so much experience in this industry and in theatre and film.

Have you all had any wild nights out?

We've had dinner and cocktails and some really intense dancing at a club - but nothing too wild.

We hang out as much as we can but our schedules get in the way.

How do you find working with Davina?

I absolutely adore her - she's such an inspiring woman. I really look

up to her. She's got an amazing family and is able to balance her career and home life. She's a mother hen and the perfect person to help our acts deal with the emotional roller coaster of the show.

Does she enjoy a sneaky dance?

Oh yes, Davina loves a boogie! I've given her a few tips to help her find her inner fierceness. She says I've given her the eye of the tiger!

You tied the knot this year. Do you feel different now you're married?

I do. I feel really content and safe. For most of my life I was missing that family element and Max has made me feel I have it now.

I think it's made our relationship stronger - there's real comfort and trust. Instead of facing the world alone, I've got a partner in crime.

Which of you is the most romantic?

I asked him this and we agreed we're pretty much even. Neither of us is overly romantic but we do find moments to surprise each another.

He'll come home with flowers or I'll bring him sweets or write him a letter throughout my day to say I miss him. So it's quite equal.

What's the most romantic thing vou've done for him?

Well, he's quintessentially English and, as he says, he's still trying to fix my Americanisms. So for his birthday last year, I threw him a party in the park. I made a Victoria sponge cake and tea.

I'm trying to keep all the English traditions alive.

You live full-time in the UK now. What do you miss about the US?

Not a whole lot, to be honest, I did miss my friends but Ashley [Roberts, 32, her old Pussycat Dolls bandmate] is over here too and we see each other as much as we can.

I do miss being able to see my family and my nieces and nephews as much as I'd like, but I love my life here and we keep in contact with Facebook, texts and emails.

Would you like children of your own? I can't wait! Definitely one day.

You always look amazing. What's your exercise regime?

I'm constantly dancing and I do a lot of hot yoga and regular yoga, along with training and cardio. I mix it up so I don't get bored.

I don't get up at 5am but I make a conscious effort that my workout is the first thing I do each day.

• Got To Dance starts with a warm-up show on Sunday 27 July at 7pm, with the audition shows following on Saturdays from 9 August at 8pm.