# "I LOVE BEING A MUM!"

### KIMBERLY WYATT ON WHY ENGLAND IS NOW HER HOME WITH HER FAMILY - DESPITE A TEA-MAKING DISASTER!

imberly Wyatt might have dashed any hopes of a Pussycat Dolls comeback when she took to instagram recently to tell fans: "I love these girls with all my heart...but there is NO reunion," but there's no stopping the star as she juggles a hectic work schedule with family life. After five seasons as a judge on Sky I's, Gut Tu-Dance, she met model Max Rogers, 33, and made her move to the UK permanent. The pair wed in 2014, and are now parents to eight-monthold Willow, with Kimberly, 33, having just been announced as a judge on CBBC dance contest Taking The Next Step and a contestant on Nin/a Warrior UK.

Here, we catch up with the reigning Celebrity MasterChef champion to talk motherhood, table manners and celebrity dinner dates...

#### You recently took Willow to the US to visit your sister and nieces. How was she on her first flight?

It was nerve-wracking because I've always been the one on the flight that sees the baby come on and thinks, oh God, here we go! It's a huge change of perspective. But Willow was amazing and the flight attendants all said: 'Awwi' She slept most of the time!

#### Is the plan still to bring her up in the UK long-term?

Yes, I want her to know bits about America and we'll do summer holidays in the States, but this feels like home more than anywhere else around the world.

#### What stage is she at now?

ERMEW BY KATIE LANGFORD-FOSTER, PHOTOGRA

She's just wanting to walk, I'm spending my life bent over holding her hands and sho's walking all over the house. She just loves to play in her ball pit and to go for walks. She loves to be in the

'I've kept in touch with Rylan and Sam,' says Kimberly. 'We're all quite close'

park on the swings with the other kids.

#### You mentioned on your blog that before you met your husband you couldn't make a cup

Tea isn't really the go-to in the States, I had just met Max and I was pouring cold water over a tea bag wondering what in the world I was going to do next. It was horrendous!

#### Aside from making tea, have you had to pick up any typically British skills since living bere?

We don't have table manners in America. How you guys hold a knife and fork is quite proper and I'm doing my best to be good

at iti My first time at Max's parents' house, I was cutting nervously and a piece of meat went flying off my plate! I'm much better now.

#### You were up against Rylan Clark in the MasterChef final – will you be going to his wedding?

I'd better be! Otherwise I'll have a word! I've kept in touch with Rylan and Sam [Nixon]. We're all quite close. Sheree [Murphy] and her family and Arlene [Phillips], too!

#### If you were to have a celebrity dinner party, what would you cook and who'd be on the guest list?

Hove the Old El Paso Restaurante soft taco kit – especially the Baha Fishi The seasonings are so tasty

and it's a healthy option. I'd invite Ashley Roberts, Kimberley Walsh, Davina McCall, Adam Garcia and Ashley Banjo.

#### Davina suggested the name 'Willow'. Does she get to spend much time with you and Max?

She is a very busy woman, so I don't

get to see her as much as I would like to, but I have a lot of love for Davina. When I first came over to do Got To Dance, she was just so warm and welcoming and made me feel comfortable.

Above: Kimberly with her

husband Max (below right)

daughter Willow and

## How do you balance keeping fit and being a mum?

We do swim classes and baby yoga classes. I love being a mum, so I find ways to bring fitness to me or find ways that we can join in together. I've got my Mum On A Mission online fitness programme. It's 24 minutes a day, seven days a week.

#### Will Willow be musical?

I think she is! We took her to Combury Festival in July. I was dancing to bhangra music with her. I have a video and she's stomping her feet to the music! She feels

it! We have little dance parties when I practise DJing at home.

#### Would you encourage it if she decided to follow in your showbiz footsteps?

You don't pick your children's passion. My hope is that she finds something that she's



passionate about, and whatever it may be I'll be behind her 100 per cent!

#### You've joked in the past about an arranged marriage for Willow with JB [from JLS] and Chloe Gill's son, Ace. Do they ever have play dates?

As many as we can! They've got such a lovely little farm and gorgeous home, so we have dinner parties. I'm a country girl at heart so being on their farm is amazing.

OMBERLY (LEFT) IS PROMOTING TO DUD EL PASO RESTAURANTE RANG SEE WANNOUDEL PASOCTOLIK

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