

choreographing or DJing - and Monster offers the best quality of sound. When the offer came through to work together, I

Here, she tells us why she didn't sell her wedding pics and how she stays in shape.

How has married life been so far?

I really love it. I have the most amazing husband and we're creating such a fantastic life together. I just feel like the luckiest girl in the world.

You didn't have your wedding pictures in a magazine like many celebrities do these days - was it important to you to keep it private?

It was extremely important to us. As much as it's fun to share, at the same time those moments are really sacred. It is a selfie generation, and I think you have to be part of that when you're in entertainment. But for us, it's also important to make sure we keep our relationship sacred. We're careful with how exposed we are. But it was the best day ever. I had lots of family fly over from America and Ashley [Roberts] was my maid of honour. It was the biggest fairytale a girl could wish for.

I would love to have a family one day. I think you can balance a family and a career.

You've been doing a DI tour of the UK - how has that been?

It's been absolutely amazing; I'm really enjoying it. Everyone seems to be having a good time and dancing right along with me. I want to keep it up; I'm feeling good about it.

Are you working on an album as well now?

I'm more focussing on DJ-ing around the UK and doing the big Pride events as well. I want to combine dancing and DJ-ing together. I'm always on the lookout for the right song though and, when the time is right, I'll release something.

Tell us about the new series of Got To Dance.

We've started filming and it's a really exciting series because the format has changed and the judges now have the opportunity to mentor a team of acts. It will be on television from August. There are so many amazing talents and fusions of dance - we really have it all this year.

What are you looking for this year from the contestants?

Most obviously, we are looking for a certain standard in dance. They have to be well trained and have something to offer. For me, personally, I look for a hunger; someone who really wants in - especially when I get my hands on them. I want them to really take on board all of my advice because they have that hunger to win. I love seeing someone come in to an audition and, by the time of the finals, bring something even better - to a much higher standard.

Will you find it a more emotional process this time now you get to mentor contestants?

Yes. It becomes quite personal really. We judges are battling it out, putting ourselves on the line and trying our best to help the contestants, so you do get attached and protective of them. They've all got amazing stories to tell and I'm already attached to my acts - I want to see all of them win. Will you be competitive when the live shows start?

Yes, but at the same time the pressure is really on the acts and I can only do as much as I can do. I can give them the tools they need to get to the final and give them support but then it's up to them.



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Movements

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What are your top beauty tips?

When you're working with mineral make-up, start from the jawline in so you don't cake product down the centre of your face. Choose either a strong lip or eye - both at the same time can be overpowering. Really focus on your natural beauty - don't try and paint someone's face on yourself. What is your workout regime?

Dancing always plays a part in my healthy lifestyle but I like to switch it up with hot yoga - it's something I swear by. I also do a lot of circuit training and cardio at the gym. I work out at least three to five times a week for at least an hour each session. What's your diet like?

I really do my best to live a healthy lifestyle. I fill my cupboards with natural, good, wholemeal foods and I do a lot of juicing. I allow myself treats. I love ice cream and lollies, especially now the weather is warmer - but everything in moderation.

You can't overdo it but, if you do, you know you have to get back on the salads and veggies the next day.

What is next for you?

Got To Dance is coming up and I'm enjoying my DJ tour, powered by Monster. I want to continue to build on the DJ show, so it combines dancing as well as live DJ-ing. I've got Beautiful Movements and I'm releasing a perfume later on in the year. I just want to stay passionate and keep busy. It's not about fame for me. I love what I do and I'm fortunate enough to be in a place where I'm allowed to do that.

GOT TO DANCE - THE WARM-UPS, TODAY, 7PM, SKY1.



Top: Doing her first ever

