

Kimberly Wyatt: 5 things I can't live without

AMERICAN-born singer, former Pussycat Doll and Celebrity Masterchef winner Kimberly Wyatt, 33, lives in London with husband Max Rogers, a model, and 11-month-old daughter Willow.

By **LUCY BENYON**
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Former Pussycat Doll Kimberly Wyatt reveals the 5 things she can't live without

My unit

What I mean by this is my little family of three: me, Max and Willow. Ever since I can remember I have always wanted to be a mother and a [wife](#) and when I started dating Max I knew I'd found the right person to spend my life with.

My schedule can be pretty manic but I love nothing more than hanging out at home because for me family is everything.

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Celeriac purée

Max and I are both keen cooks and earlier this year I won Celebrity Masterchef. I quite rightly dedicated my victory to Max as he has taught me so much in the kitchen. Before we met I was an avid baker but I am now becoming a pretty accomplished chef too.

As Max and I love to be healthy I am always looking for simple and nutritious ways of serving up food and puréed celeriac is delicious with beef, chicken or lamb. I have even learned to make celeriac chips. I am also looking forward to being able to cook with Willow when she is older.

She already seems to enjoy baking as just the other day I was making a Victoria sponge and she sat watching in her high chair whooping with delight.



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Dance

From the moment I started tap classes at the age of seven I was hooked and that devotion has never waned. As a child my teachers told me I had real talent and I was soon doing ballet, gymnastics and street dance too and I loved them all.

I still dance all the time and it is my absolute joy. Whether I'm on stage or watching, it always takes a central role in my life. I am very excited that I am going to be a judge on CBBC's new dance talent show. It is always great to see other people enjoying dance as much as I do.

At the moment Willow is too young for ballet but I'll start to give her lessons at home when she is ready. It would be lovely if she enjoyed it as much as I do.

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Celebrity Masterchef winner Kimberly Wyatt

A bubble bath

As a busy working mum I think it's important for me to take a little [time out](#) for myself and the way I like to do that is by relaxing in a deliciously hot bubble bath. Unfortunately it is not something I get to do every day but when I do get the chance for a good soak I spoil myself with scented candles and expensive bubble bath.



I like to relaxing in a deliciously hot bubble bath



One of the things I love about living in Britain is the change of seasons

I know some of my friends like to chat on the phone while they're in the bath but for me it is all about peace and solitude. By the time I re-emerge I am miraculously calm and energised.

Cosy blankets

One of the things I love about living in Britain is the change of seasons. Believe it or not I really relish the cold and the dark as it means I can close the curtains on the rest of the world and hibernate at home with Max and Willow.

I love climbing under a thick, cosy blanket or throw with them both on a gloomy winter's afternoon and sitting together in front of a fire to watch a good film. That to me is what family life is all about.

Kimberly Wyatt has teamed up with Sure to launch its new small can that lasts as long as a big can.



MASTER CHEF: Winner Kimberly

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Interview by **LUCY BENYON**

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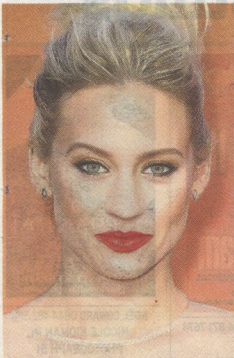
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